

WHAT IF...



NO POWER

Most patients think they are prepared for an emergency, but few actually are.

Emergency Checklist

1. Contact your facility to find out the plan for dialysis treatment. Dialysis requires a power source.
2. Keep a battery operated radio with extra batteries or hand-crank radio.
3. Have a flash light with extra batteries in your emergency kit.
4. Keep extra chargers for your cell phone.
5. Throw out anything refrigerated after four hours. Frozen foods can be kept longer.
6. Turn off everything except one light, so you know when the power is restored.
7. Keep a non-cordless phone in your home. It is likely to work when power is out.
8. Contact your local power company and see if you can get on their priority list for persons with special needs.

THE FACTS

- The process of **dialysis requires a power source.**
- If power is out for more than 4 hours, **refrigerated foods become unsafe.**

