



# The routine for taking my medicine is...

Name of patient: \_\_\_\_\_ Date: \_\_\_\_\_

Healthcare provider: \_\_\_\_\_

Physician's name: \_\_\_\_\_ Name of medicine: \_\_\_\_\_

How much/Dosage:

With or Without meals:



When to take it:



How many days to take it:

Month: \_\_\_\_\_

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

The medicine is for:

Pain	Sneezing/Cold Symptoms	Fever	Fatigue	Headache
Oral Health	Blood Pressure	Stomach	Itchy Skin	Diabetes

Other:

Does this medicine interfere with other medication I am already taking?: